

We need people who have a desire to help their community, have computer skills and are internet-savvy. Training is provided at a LaSHIP location near you.

The following contacts are available in your area:

**Northwest SenioRx/ADRC**

1-800-256-3003; 318-676-7900

**Orleans/St. Bernard/Plaquemines SenioRx/ADRC**

1-888-922-8522; 504-827-7843

**Jefferson/River Parish SenioRx/ADRC**

1-800-635-1437; 504-207-4699

**Northeast SenioRx/ADRC**

1-800-707-2572; 318-387-2572

**Acadiana SenioRx/ADRC**

1-800-738-2256; 337-572-8940

**Southwest SenioRx/ADRC**

1-800-223-5872; 337-474-2583

**Terrebonne/Lafourche SenioRx/ADRC**

1-800-353-3265; 985-858-5135

**Baton Rouge/Florida Parishes/Northshore Area**

1-800-280-0908; 225-287-7414

**CENLA SenioRx/ADRC**

1-800-454-9573; 318-484-2260

Call today to join!  
800-259-5300  
[www.lidi.la.gov/LaSHIP](http://www.lidi.la.gov/LaSHIP)



**LOUISIANA SENIOR HEALTH  
INFORMATION PROGRAM**

HELP SENIORS IN YOUR COMMUNITY.  
JOIN THE LaSHIP VOLUNTEER TEAM!



*A program of the Louisiana Department of Insurance  
Tim Temple, Commissioner*

The Louisiana Senior Health Information Program is part of a national network of programs that offers free, confidential counseling and assistance to people with Medicare. Congress established State Health Information Programs in 1990 to help beneficiaries navigate an increasingly complex healthcare system.

Each year, Louisiana SHIP provides invaluable services to people with Medicare:

- Counseling beneficiaries through the annual prescription drug plan enrollment periods
- Educating the community about health insurance issues
- Connecting with beneficiaries who have limited incomes to help them save money on healthcare costs



## YOUR TALENTS AND SKILLS ARE NEEDED!

The LaSHIP Volunteer Team was developed by the Louisiana Department of Insurance Senior Health Information Program to increase our capacity to educate, counsel and assist Louisiana's Medicare Beneficiaries.

Become a part of our volunteer team. Your experience can have a meaningful impact on the lives of Medicare beneficiaries in our state.

## REASONS TO JOIN OUR VOLUNTEER TEAM:

- Make a difference in your community
- Assist people with their health benefits
- Help people save money
- Positively impact the lives of others
- Meet new people
- Experience professional growth
- Educate your community
- Be part of a dynamic team

## VOLUNTEER OPPORTUNITIES INCLUDE:

### Counselor

Responsible for personal and phone contact with clients

Provides information, assistance and referrals to other resources

### Recruiter

Responsible for finding local people who want to volunteer

Assists with various marketing duties

### Educator

Instructs the community and local volunteers about LaSHIP

Gives presentations on Medicare-related issues

### Administrator

Assists with scheduling and staffing of local SHIP information sites

Maintains records and performs clerical duties

### Marketer

Responsible for marketing LaSHIP through local resources

Promotes local awareness of the program

