

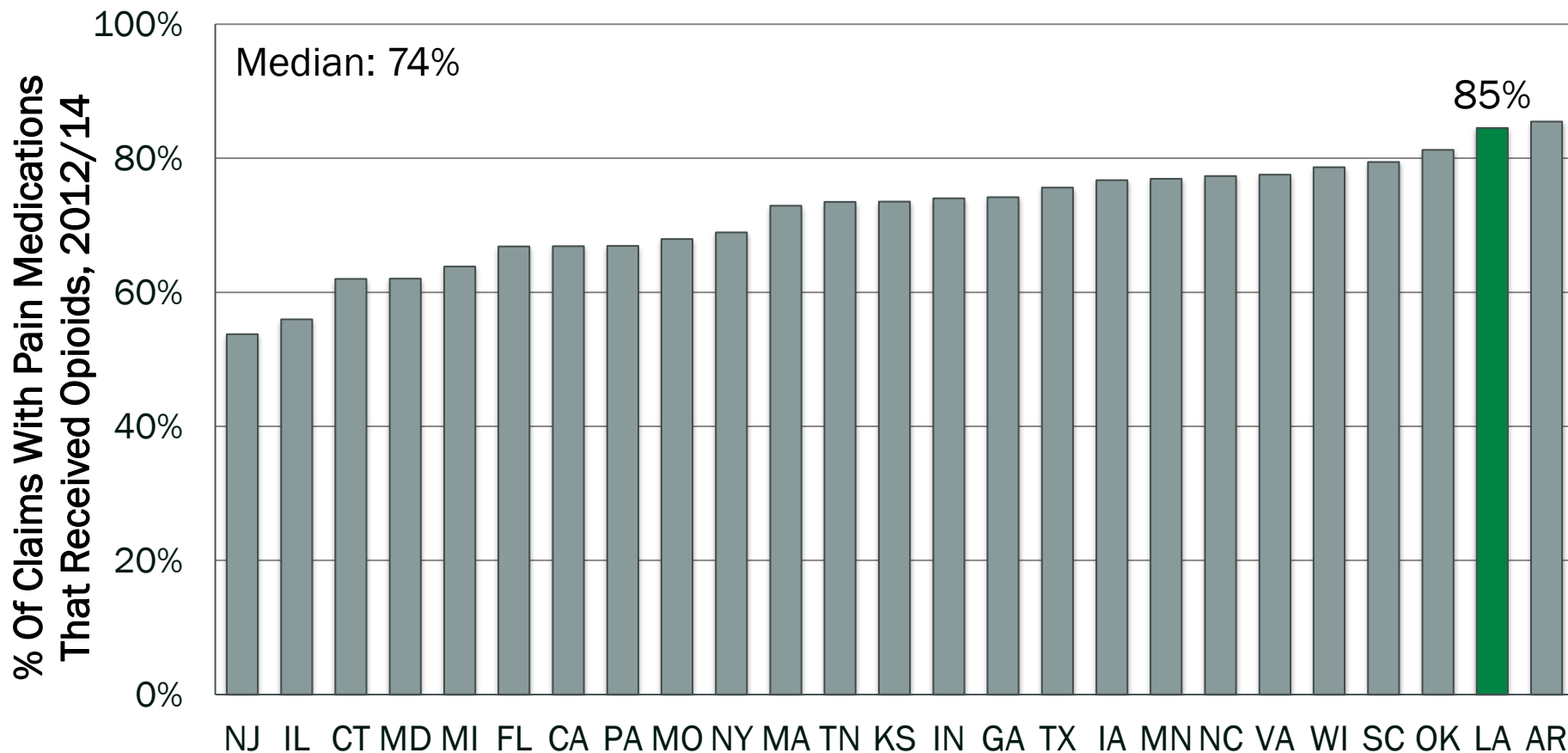


Opioid Utilization In Louisiana Workers Compensation

October 2016

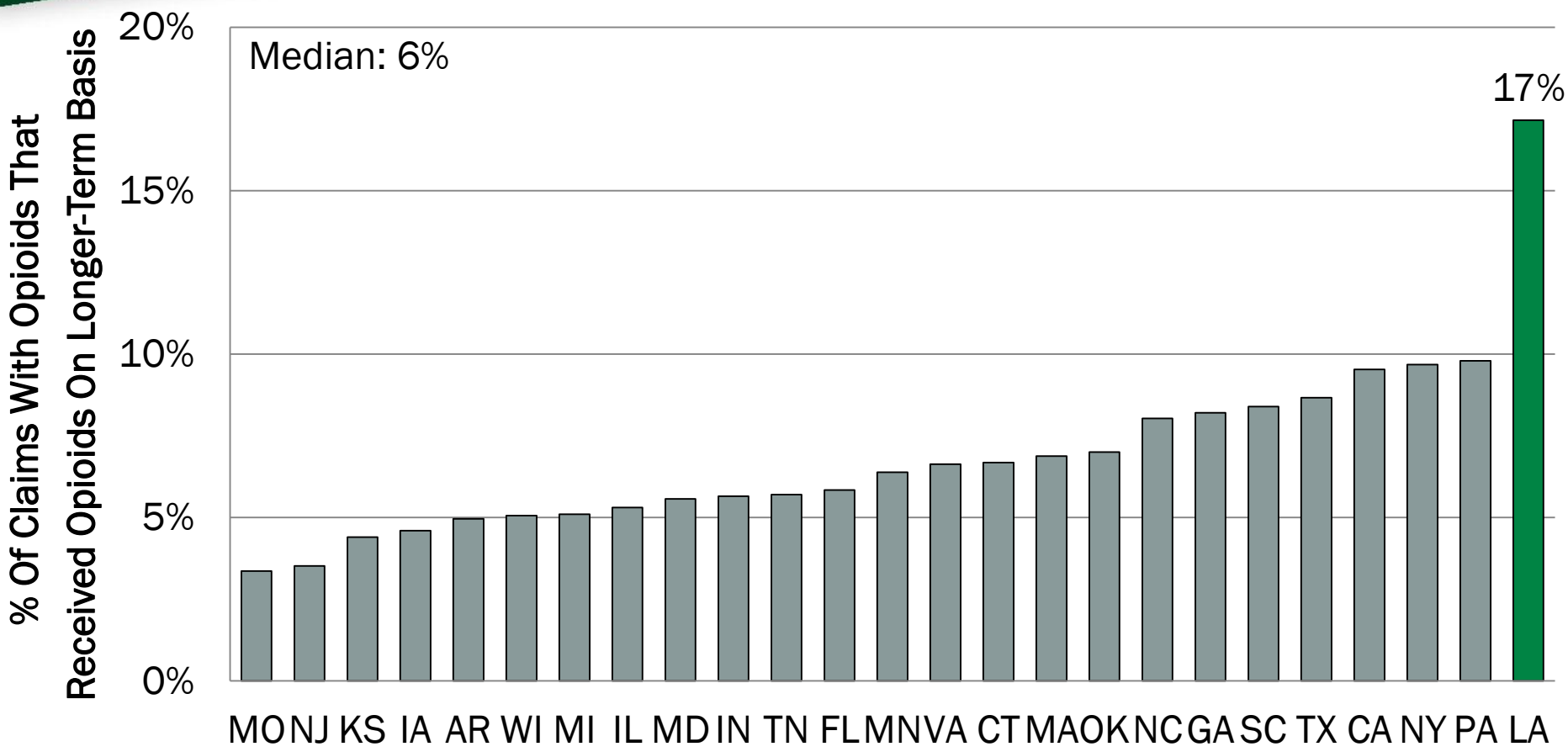


85% Of Injured Workers With Pain Meds. Received Opioids In LA



Nonsurgical Claims With > 7 Days Of Lost Time, Injuries Occurring From Oct 1, 2011, To Sep 30, 2012, Prescriptions Filled Through Mar 31, 2014. Source: *Interstate Variations In Use Of Opioids, 3rd Edition (2016)*

In LA, 1 In 6 Injured Workers Received Opioids On A Longer-Term Basis



Nonsurgical Claims With > 7 Days Of Lost Time, Injuries Occurring From Oct 1, 2011, To Sep 30, 2012, Prescriptions Filled Through Mar 31, 2014. Source: *Longer-Term Use Of Opioids, 3rd Edition (2016)*

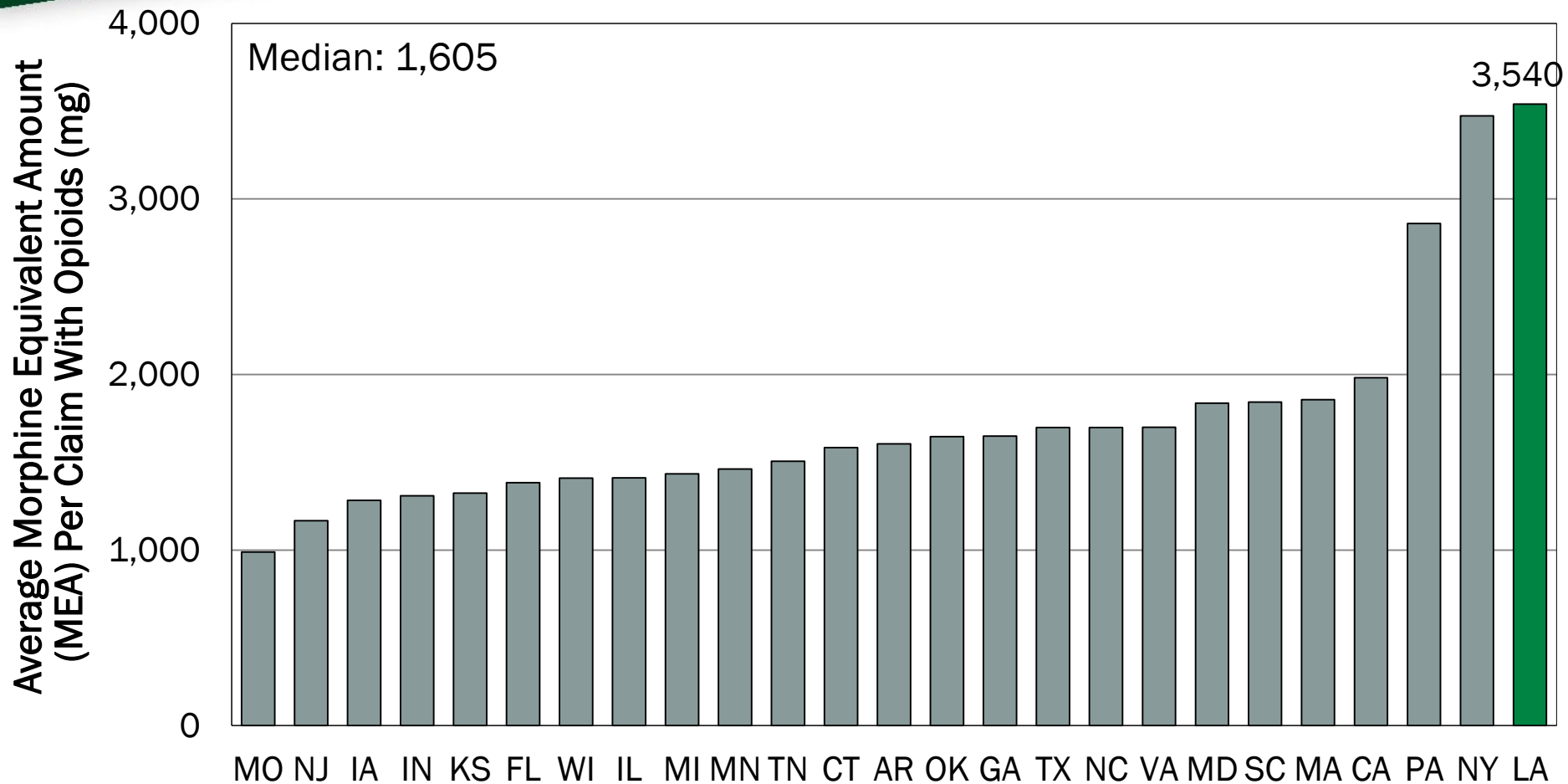


Opioid Drugs Commonly Prescribed To LA Injured Workers, Paid Under Workers' Comp.

% Of Pain Medication Rx That Were For ...	LA	25-State Median	25-State Range
Hydrocodone-APAP (Vicodin®)	46%	30%	10%-46%
Tramadol (Ultram®)	13%	14%	11%-24%
Oxycodone Products (Percocet®, OxyContin®)	6%	9%	1%-29%
All Other Opioids (Morphine, Fentanyl, Buprenorphine, etc.)	4%	4%	2%-8%
Non-Opioid Pain Medications	30%	41%	30%-54%

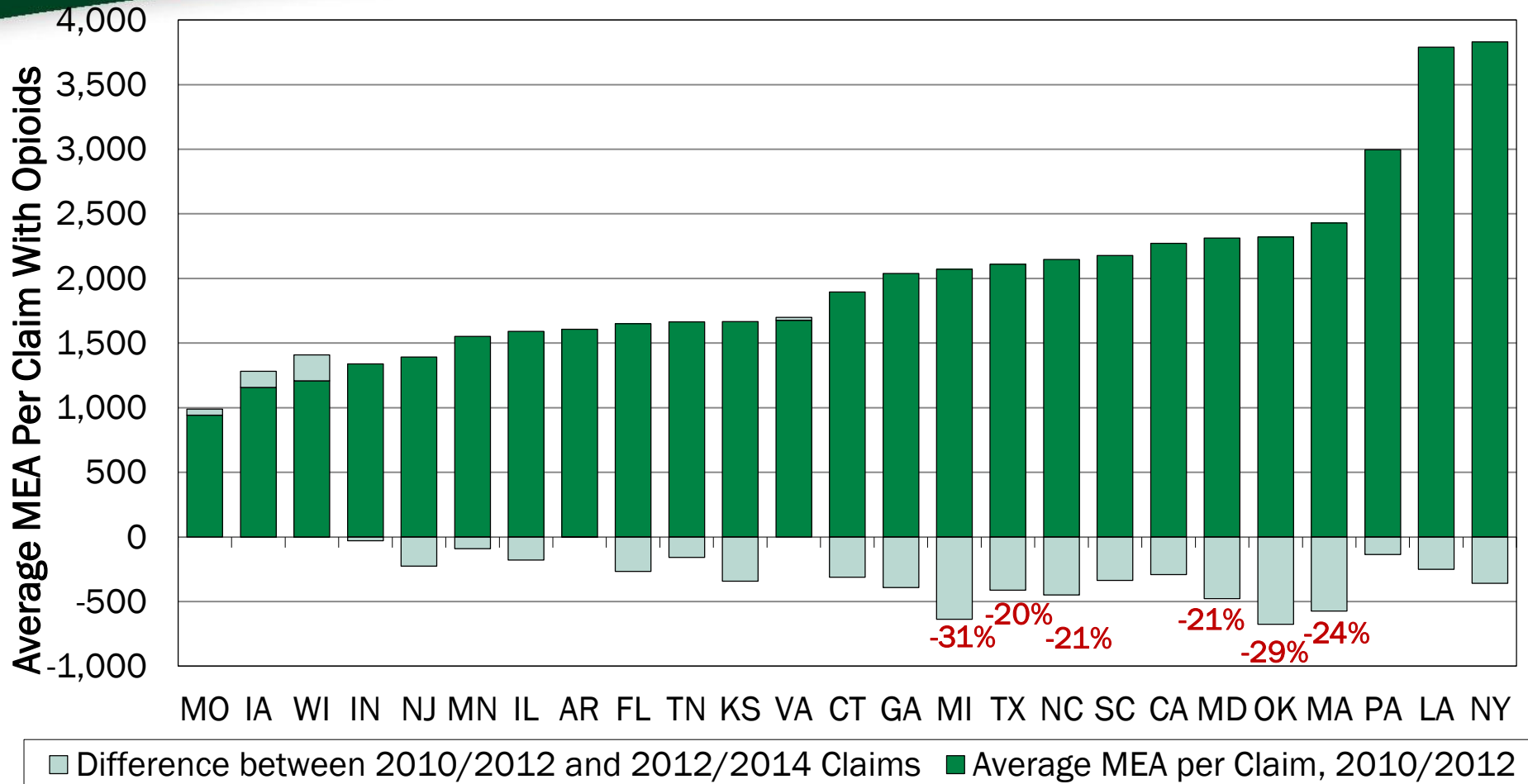
* DEA issued a final rule to reschedule hydrocodone-combination products from Schedule III to Schedule II, effective October 2014.

Patients In Louisiana Had Double The Amount Of Opioids Seen In The Median State



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Significant Reductions Seen In Amount Of Opioids Per Claim In Most States



Several Reforms Coincided With Reductions In Opioids Received Over The Study Period

	MI	OK	MA	NC	MD	TX
% Decrease In Average Amount Of Opioids Per Claim	31%	29%	24%	21%	21%	20%
PDMP	✓	✓	✓	✓	✓	
Treatment Guidelines		✓	✓			
Drug Formulary						✓
Others			Spillover effects of group health limits			Regulated pain clinics

PDMP: Prescription Drug Monitoring Programs

Medical Treatment Guidelines For Chronic Opioid Management Recommend

- Urine drug testing
- Psychological evaluations and treatment
- Active physical therapy

Note: Guideline recommendations are based on widely-accepted medical treatment guidelines, including ACOEM, APS/AAPM, ODG, and state guidelines (CO, CT, LA, MA, UT, WA). See Appendix B of the WCRI *Longer-Term Use of Opioids* study.

Gap Observed Between Practice And Treatment Guidelines Recommendations

% Of Claims With Longer-Term Use Of Opioids That Received Recommended Services (in latest study period)	LA	Median State Studied	Range Among States Studied
Drug Testing	42%	40%	22%–50%
Psychological Evaluation	9%	6%	3%–29%
Psychological Treatment	4%	3%	1%–12%
Active Physical Therapy	84%	87%	78%–92%

Nonsurgical Claims With > 7 Days Of Lost Time That Were Identified As Longer-Term Users Of Opioids, Injury Year 2012, Average 24 Months Of Experience

Key Findings From WCRI Opioid Studies For LA

- 85% of injured workers with pain meds received opioids
- 1 in 6 injured workers with opioids, received opioids on a longer-term basis, highest among study states
- Amount of opioids received by injured workers was higher in LA. Also higher in NY and PA
- Few injured workers with longer-term opioid use received guideline recommended services

Thank You!

- For comments/questions about the findings:

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